

CHINESE ASSOCIATION OF GREATER TOLEDO

NEWSLETTER

Volume 2, Issue 2

June 25, 2009

Summer 09

多麗都中華協會

[HTTP://WWW.TOLEDCHINESE.ORG](http://www.toledochinese.org)

CAGT Art Reception of Asian Pacific Heritage Month

Starr Jiang --CAGT Reporter



I was lucky enough to experience the Chinese Association of Greater Toledo's Art Reception from an artist's point of view, as I submitted two of my landscape drawings into the exhibit at the University of Toledo. The CAGT Art Reception was part of Asian Pacific Heritage Month, which honored and celebrated Asian Pacific culture and art. During my visit to the reception, I saw many awe-inspiring works of art such as waterfalls, scenery, and much more. Also, we watched some very good Chinese dancers and other performances like flute playing. My mother learned how to fold some origami at the reception and it was stunning. Also, I participated in some photos of artists, including Hewen Slak, Jinghua Deng, me and others. The art reception

was a unique and valuable experience, where I learned much about the different parts of Asian art such as watercolors, oil paintings, and Chinese writing. These types of paintings are part of traditional Chinese art and are very important to the Chinese culture.

I began painting about 2 years ago. My teacher is Shaojiang Mo. Last year, I submitted a painting of two shrimps for the Asian art exhibition at the University of Toledo. This year, I entered two paintings in the same exhibit, one of a rushing waterfall and one of some pretty pink flowers. These two were part of the three that I also had on display at the Toledo Museum of Art. During the reception, I was introduced to a gentleman from Nebraska, and he offered to buy one of my paintings. I was very surprised, and saw that I had a chance to earn something with my paintings. The CAGT Art Reception has always been a great experience for me, especially since I started painting two years ago.



These artists have presented their artwork in the Asian Pacific Heritage Month, March 23 – July 31, 2009:

Chaohua Chen, Ming Chen, Shenglin Chen, Starr Jiang, Jing Meyer, Shichang Hu, Meimei Kuo, Joanna Peng, Rose Shaddy, Susan Shih, Hewen Slak, and Sue Yeo.

CAGT Dance Group Performs at UT's Adviser Awards Ceremony

Jing Meyer – CAGT Vice President
(jmeyer13@UTNet.UToledo.Edu)

On Thursday, May 7, 2009, the CAGT Dance Group was invited to perform at the University of Toledo's 2008-2009 Peer Nominated Adviser Awards Ceremony to help them celebrate advising excellence.

Shenglin Chen is getting ready to perform "Carp Fish



Leaping over the Dragon Gate."



Anna Che, Amy Chen, Jing Meyer, Lin Qian, Karen Sun and Li Xue performing a Folk Dance.

中華協會 2009 太極拳班

莫莉萍 —— 太極拳班學員

太極拳是中國特有的民族體育項目，它被認為是最能體現中國元素、中國風格和中國優秀的傳統文化而又能同時具有現代精神的體育項目。在中國的公園，處處可見人們隨著輕盈的音樂，舒展著優美的太極拳，如行雲流水、輕靈蝶舞、如詩似畫，那真是一道特別的風景，令我駐足，更讓我羨慕。令我高興的是，在今夏多麗都的公園裡，也出現了同樣的美景：中美友人聚集一起，隨著中華協會的太極拳老師，瀟灑優美地舞起太極拳。有機會在這裡學習 42 式太極拳，我的確感觸深刻。

中華協會 2009 太極拳班主要教授 42 式太極拳和八段錦。太極拳班的老師有陳敏，陳吉泉和鄧京華。他們不僅拳法高超準確，而且施教有方，仔細講解太極拳的特點，反覆演示每個動作。太極拳班的 15 名學員中既有學了多年的太極高手，也有尚未入門的初學者。我們的老師們卻讓我們每個人都體會到學太極拳的樂趣。

太極拳看似簡單，卻有著豐富的文化內涵。它體現了中國傳統哲學文化中的陰陽平衡的理念。它強調形神合一，動靜結合，處處體現著中國傳統文化的韻味——和諧。這種運動既自然又高雅，可親身體會到音樂的韻律，哲學的內涵，美的造型，詩的意境。長期堅持鍛煉，能夠舒經活絡、營養腑臟，具有強身健體的功效，是一種極佳的養生之道。

太極拳的運動特點是中正安舒、輕靈圓活、松柔慢勻、開合有序、剛柔相濟。它適合每個年齡層次。我竭誠推薦大家加入我們的太極練習，共同享受其健身，修身，養性的樂趣。



CAGT Spring 2009 Picnic

Peter – CAGT Newsletter Editor

Approximately 200 people from our community gathered together at Wildwood Metropark, on April 13, 2009. People of all ages spent three hours with friends, fun, food, and fellowship.

Dr. Shanghe Jiang, President of CGAT, extended his warmest welcome to the participants of this community event. He encouraged those interested in CAGT to become members. He also encouraged everyone to participate in the coming events, such as the Tai Chi class and the Dragon Boat Festival, which will be held on July 25, 2009.



From the Chinese Center of Toledo (aka Toledo Chinese School)

Lynn – Toledo Chinese School Principal

Open House: August 29, 2009, 7:00-8:30 PM

Special Promotion: \$10 OFF registration per child before July 31, 2009. To register or for more information go to <http://toledochinese.org/cct>



*Chinese Center
of Toledo*

多丽都中文学校

Meetings in Washington, D.C.

Shanhe Jiang – CAGT President

As a community leader, I was invited to attend two meetings in Washington, D.C. from June 1st to 3rd, 2009. The first meeting was the Asian & Pacific Islander American Health Forum and the second was the Democratic Leadership's 2009 Asian American and Pacific Islander Summit. The meetings were very informative and educational.



At the first meeting, there were approximately two hundred people in attendance. They included health professionals and community leaders, primarily from California, Hawaii, and Texas. Several congressmen and congresswomen, senior officials or staff from the White House, the Department of Health and Human Services and the Department of Justice also participated in the Forum. The second meeting was held by the Congressional Democratic Leadership. Approximately seventy community leaders from all over the US were invited to the meeting. House Speaker Nancy Pelosi, Senate Majority Leader Harry Reid, more than ten senators and congressmen/congresswomen and many more White House and Congressional senior officers/staff all participated in the Summit.

From the two meetings, I have learned that (1) Asian Americans have a much higher rate of people with no health insurance than White Americans. Local communities play an important role in taking care of their members, (2) Voices from local communities are an important source for lawmakers to make laws and develop policies. Politicians follow public opinions (or polls). No voice, no influence.

The 4th Annual Ohio Asian American Health Conference

Hewen Slak – ChinaCenter Toledo



Funded by the Ohio Commission on Minority Health, the fourth annual Ohio Asian American Health Conference was held May 30th in Cincinnati, Ohio .

The Chinese Association of Greater Toledo is honored to be one of eleven Executive Committee members, led by Ms. CaoXing Ho. A total of six CAGT members attended this conference. There were inspiring and informative workshops throughout the day to explore Asian American Health Disparities. These included breakout sessions on Oral Health, Diabetes, Complimentary & Alternative Medicine, Tobacco & Substance Abuse, HIV/AIDS, Domestic Violence, Cardiology, Mental Health and Aging.

It is the desire of CAGT to play a more active role in this area and help promote more government funding for Asian American health initiatives in the Toledo region.

From the CAGT Cultural Exchange committee

Amy Chen – CAGT Board member

About a year ago, after we finished a show of Chinese martial arts, a few people from the audience asked me: "Can I learn this from you?", "Will you come to perform in our celebration party?", "Is Tai-Chi very popular in China?" From these questions, I realized that Chinese culture is now becoming more and more popular. I think from the rich heritage of Chinese culture, we have many positive aspects to share with the world.



For the past couple of years, on behalf of the CAGT, we have been invited to perform at many events, including:

- "International Day" at the University of Findlay (4/08)
- "Asian Health Day" at the Toledo Hospital (5/08)
- The Great Maumee River Dragon Boat Races (7/08)
- "Diversity Celebration" at Bay Park Hospital (8/08)
- "Taste of Diversity" at Toledo Botanical Garden (9/08)
- Asian Resource Center anniversary celebration (9/08)
- WTOL TV Station (live on TV) (12/08)
- The Toledo Museum of Art (1/09)
- "Martin Luther King Day" at Toledo Hospital (1/09)
- "International Dinner" at the University of Toledo (4/09)
- "Asian Pacific American Heritage Month" at UT (4/09)
- "Around the World in a Day" at the Toledo Zoo (5/09)

The programs for these events include Chinese folk dance, Chinese musical instruments, Chinese martial arts and Tai-Chi.

A big "thank you" goes out to the following people for their generous contribution of their talents and their time in practicing, performing and helping: Rui Li, Bo Li, Xiaodong Geng, Cheng Yang, Jiquan Chen, Jing Meyer, Aige Guo, Jessica Xie, Shenglin Chen, Lingyu Chen, Ling Qian, Karen Sun, Anna Che, Li Xue, Litza Lee, Shanhe Jiang and me, Amy Yang.



In order to better share Chinese culture, CAGT has recently formed a Cultural Exchange committee. If you have any ideas to contribute to this function, please feel free to contact me (minyang@dellmail.com). Thank you!

文 化 交 流

Two eLearning Applications for Those Who Are Interested in Learning Chinese

Peter – CAGT Newsletter Editor

Chengo Chinese is a multi-media interactive Chinese learning application. It includes many interesting games that engage learners in the learning process. For more information please visit <http://www.elanguage.cn/>



JS-Chinese is also an interactive multi-media learning application. It is designed for 4-12 years old overseas Chinese children. Online lessons are available to registered users in four different levels, Kindergarten, Chinese Beginning, Medium, and Advanced levels. For more information, please visit <http://www.yes.com.cn/>



Newsflash

- On April 11, 2009, Mr. Fan Zhang, attorney at Wagoner & Steinberg, Ltd., Dr. Morris Jenkins, professor at UT, and Dr. Larry Chan, associate general counsel at BGSTU, spoke at a discussion panel on Asian American Immigration, Equal Opportunities and Civil Rights at the University of Toledo. Around 60 people attended this discussion.

Upcoming Events

- Dragon Boat Festival, July 25, International Park
- A Taste of Diversity, September 20, Toledo Botanical Garden
- Winter Legacies Program, December 27, Toledo Museum of Arts

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